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In the News

● The 9th Annual NIH Pain Consortium met to discuss latest research on Biological & Psychological Factors that Contribute to Chronic Pain
● Marijuana dispensary physicians are threatened with loss of their license to prescribe strong analgesics unless they sever dispensary ties.
● Funding Opportunity Announcement (FOA) is to encourage research needed to understand chronic overlapping pain conditions.
● The FDA Safe Use Initiatives addresses many analgesic risks including: Acetaminophen; NSAIDs for elderly; Epidural Steroids & opioids.
● The development of KRN5500 is expedited to treat cancer or chemotherapy-induced neuropathic pain refractory to conventional analgesics
● Massachusetts bill would expand access to detox programs but create a bureaucracy that could make opioids for chronic pain inaccessible.

Journal Watch [MGHers can obtain articles through the Treadwell home page]

● Bennell KL, Egerton T, Martin J, et al. Effect of physical therapy on pain and function in patients with hip osteoarthritis: a randomized clinical trial. JAMA. 2014;311:1987-97. Active versus “placebo” physical therapy were no different in cutting pain and avoid side effects.
● Boerner KE, Birnie KA, Caes L, et al. Sex differences in experimental pain among healthy children: A systematic review and meta-analysis Pain. 2014 May;155(5):983-93. Gender differences are subtle, but girls may be more sensitive to thermally-induced pain.
Learning how to

Pain and Its Management at MGH


CAM (Complementary and Alternative Medicine)

Learning how to Pacing Activities helps people with chronic pain prioritize activities based on values. Kinesio-taping after knee surgery is safe, cuts pain and edema, while improving functional rehabilitation. Immersive Virtual Reality is a rapidly emerging technology to reduce acute pain, but can it have a lasting effects on pain & functioning? Clarifying the concepts of Complementary, Alternative or Integrative Health Care. Why is integrative care becoming more mainstream?

Pain Resources on the Web:

Check out the first freely available cased-based learning module from the NIH-sponsored Centers of Excellence in Pain Education TED Ed has a 5 minute video on pain that helps explain some of the individual differences in the experience and response to treatments.

Pain-Related Education Opportunities

Tue-Sat. Sept 2-6; PAINWeek offers over 120 CE hours on pain with a number of different tracks. The largest pain CE event.Las Vegas Wed-Sat Sept 17-20 The American Society for Pain Management Nursing will hold its 24th Annual conference in San Diego Mon-Tue Sept 29-30; The NIH examines The Role of Opioids in the Treatment of Chronic Pain. Attend free or watch live video cast

MGH Pain Calendar

Pain and Its Management at MGH (Level I) – Fri July 11th. Founders House 325 8am – 9am. No registration required. email for info Tools & Techniques for Effective Pain Management (Level II) – Thur. Sept. 11th Founders House 325 1—5pm email for info. Master Control of Pain (Pain Champion) Fri. October 24th 8am – 4:00pm Founders House 325 email for info. Palliative Care Grand Rounds and the Chronic Pain Rounds will resume in the fall email: Margaret Spinale or Tina Toland respectively

GH Pain Resources


MGH Cares About Pain Relief
Massachusetts General Hospital

PainRelief@partners.org http://www.mghpcs.org/painrelief

To be added to or removed from the Pain Relief Connection mailing list, send an email to PainRelief@partners.org