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MAGNET MONDAY

FEBRUARY 11, 2013

MGH Site Visit:
March 4-7, 2013

What Resources are Available to Promote EBP, Research, and Ethical Decision Making?

What is evidence-based practice?

The American Nurses Credentialing Center (ANCC) describes evidence-based practice (EBP) as “the conscientious use/integration of the best research evidence with clinical expertise and patient preferences in nursing practice.” This three-pronged approach to decision making always exists within an ethic of care.

- What’s the right thing to do, based upon research evidence?
- What’s the right thing to do, based upon my expertise?
- What’s the right thing to do, based upon the patient’s preferences?

Did you ever realize that science and ethics form the basis of clinical decision making? A shorter definition for EBP is that it is, “a method for clinical decision making.”

Why is research and evidence-based practice so important?

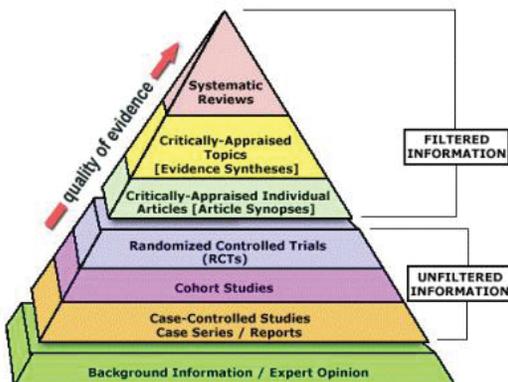
Evidence-based practice is an effort to provide the very best care to patients and families by basing our care on research evidence. For example, when aspirin was shown to decrease mortality after an MI, not every person who could safely take aspirin was directed to take it. Why wasn’t it always followed? We believe that guidelines based upon research evidence should be followed unless and until there is convincing evidence not to follow them.

I often hear the phrase, “best evidence.”

What does that mean?

Rarely does one change practice based upon the findings of one research article. Instead, we search the body of evidence, reading and appraising many articles, in order to make clinical decisions. The evidence pyramid shows that the strongest evidence is at the top—systematic reviews. “Best evidence,” means using the strongest body of evidence that exists on a particular topic, whether it is expert opinion, randomized controlled trials, or systematic reviews.

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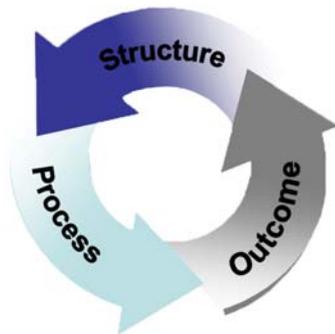
Next week’s topic: “Staff Nurse Role in Staffing, Scheduling”



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Donabedian, 1966; 1990
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Magnet Lunch Forum 12-1pm, every Thurs. (lunch provided)

An opportunity for leadership, Collaborative Governance champions and other staff to learn more about Magnet Recognition and the *Magnet Monday* topic-of-the-week.

What are Mass General's resources to promote excellence in clinical decision making?

Research and Evidence-Based Practice Resources:

- Research and Evidence-Based Practice Committee
 - Did You Know...? Poster Subcommittee
 - The Journal Club Subcommittee
 - Evidence-Based Practice Subcommittee
- The Yvonne L. Munn Center for Nursing Research and Its Initiatives
 - Munn Nursing Research Awards
 - Evidence-Based Practice Support
 - Munn Postdoctoral Fellowship
 - Doctoral Nursing Research Forum
 - Connell Nursing Research Scholars
- Evidence-Based Practice Mentors
- Clinical Research Nurses
- Partners Human Research Committee
- Treadwell Library

What are the resources available to nurses that support ethical decision making at MGH?

Internal

- Clinical Nurse Specialist in Ethics (#30513)
- Ethics in Clinical Practice Committee (Advisor, Coach & Co-Chairs)
- EED Ethics Portal
- Optimum Care Committee (Nurse Co-Chair)
- Pediatric Ethics Committee (Nurse Co-Chair)
- Unit based ethics rounds (see list of current rounds)
- Clinical Ethics Residency for Nurses (graduates of this program have capacity to provide local ethics support to their peers)
- Connell Ethics Fellowship
- MGH Policies related to Ethical Decision Making

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For more information on Evidence-Based Practice, Research, and Process Improvement, please visit the Excellence Every Day portal: mghpcs.org/EED.

(Look under “Other Topics” at the top of the page.)

- MGH Life Sustaining Treatment Policy
- MGH Life Sustaining Treatment Resolving Intractable Conflict
- Advance Directives
- Transfusion Therapy: Patients Who Decline Treatment with Blood or Blood Products
- Employee Rights and Patient Care Nondiscrimination Policy

Within Partners/Harvard Network

- Harvard Bioethics Course (<http://medethics.med.harvard.edu/>)
- Harvard Medical School DME Fellowship in Medical Ethics (<http://medethics.med.harvard.edu/education/fellowship/>)
- HMS Division of Medical Ethics Consortia (open to MGH ethics committee members; 1st Friday of month, Sept-May)
- HMS Division of Medical Ethics Faculty Seminars (3rd Friday of month, Sept-May)
- Partners Ethics Training Program (as scheduled)

External

- American Society of Bioethics & Humanities (www.asbh.org)
- Improving Competencies in Clinical Ethics Consultation: An Education Guide
- Core Competencies for Healthcare Ethics consultation
- American Nurses Association (<http://www.nursingworld.org/>)
- Code of Ethics for Nurses with Interpretive Statements (<http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses/Code-of-Ethics.pdf>)
- ANA Position Statements on Ethics & Human Rights (<http://www.nursingworld.org/MainMenuCategories/EthicsStandards/Ethics-Position-Statements>)
- Specialty Professional Societies, such as American Association of Critical Care Nurses have ethics resources, as well.

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What is an example of evidence that Mass General submitted to the ANCC?

In the “New Knowledge, Innovation, and Improvements” section, we gave the example of a Munn Nursing Research Award Recipient, Paula Restrepo, RN, BS, who conducted a mentored nursing research project related to the use of VTE prophylaxis with non-invasive modalities in SICU patients. Paula found no evidence in the literature to support the use of support stockings. Instead, she recommended intermittent pneumatic compressions devices alone or with a sleeve. Her research changed practice in the SICU.

Did you know that ...?

- Forty doctorally-prepared nurses comprise the Doctoral Nursing Research Forum along with 16 doctoral students?
- Mass General nurses published more than 200 articles, books and chapters, guidelines between 2009 and mid-2012?
- Thirteen nurses serve on the MGH panels of the Partners Human Research Committee?
- Thirty research, evidence-based practice, and quality improvement posters were displayed in 2012 Nursing Research Expo?
- Thirty Munn Nursing Research Awards have been granted since 1998?
- A nurse co-chairs the MGH ethics committee, known as the Optimum Care Committee?

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