



Massachusetts General Hospital
 Patient Care Services Office of Quality and Safety
 Date: **March 31, 2015**

Tuesday Take Away: Gowns and Gloves

What is the main "take away" message?

The sequence for donning and doffing protective personal protective equipment (PPE) is a **critical** step in preventing transmission of infectious material.

Use hand hygiene first!

ALWAYS put on gloves before entering the room!



Wear a gown **IF** your body or clothes may contact the patient, items, or surfaces in the patient's room.

1 Don gown with opening at back.

2 Tie gown.

3 Pull gloves over cuffs of gown.

When finished, remove gloves first...



1. Pinch and pull off Glove #1
 2. Hold Glove #1 in hand that is still gloved.



3. Slide bare finger inside cuff of Glove #2.



4. Pull Glove #2 so that it turns "inside out" over Glove #1.
 5. Discard in trash.



...then remove gown.



1. Remove gown.
 2. Fold "dirty side in."
 3. Discard in hamper.

Do not save gown for reuse!

Use hand hygiene last!*

* When leaving a Contact Precautions **PLUS** room, always **WASH HANDS** and then use Cal Stat.

Contact The Infection Control Unit for copies of the document above.

For more information please call Patient Care Services Office of Quality and Safety at 3-0140
 Visit the Excellence Every Day Portal at <http://www.mghpcs.org/RR/index.asp>