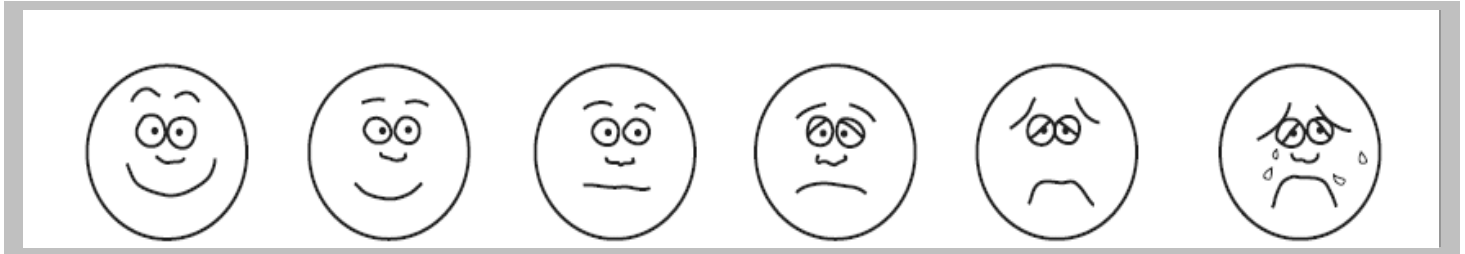


Pain Assessment Tool Guidelines for use: Faces Pain Scale



Instructions for use:

0	2	4	6	8	10
No Hurt	Hurts a little bit	Hurts little more	Hurts even more	Hurts a whole lot	Worst hurt

Point to each face using the words below the face to describe the pain intensity it represents. Ask the patient to choose a face that best describes own pain and record the appropriate number.

Face 0 is very happy because he doesn't hurt at all.

Face 2 hurts just a little bit.

Face 4 hurts a little more.

Face 6 hurts even more.

Face 8 hurts a whole lot.

Face 10 hurts as much as you can imagine, although you don't have to be crying to feel this bad.

Ask the person to choose the face that best describes how he/she is feeling right now. Record the corresponding number (0-10) that is under the face chosen.

Populations for use:

The Faces Pain Scale can be used for children over the age of three, in adults with limited vocabulary and in cognitively impaired adults.

Validity and reliability:

The Faces Pain Scale has been shown to be a reliable assessment tool in children and in adults (most research is unpublished, but available for purchase).

References:

- Wong, D.L., Hockenberry-Eaton, M., Wilson, D., Winkelstein, M., Schwartz, P. (2001): *Whaley and Wong's Essentials of Pediatric Nursing, 5th edition*, St. Louis, 2001, Mosby, p. 1301.
- Wong D and Baker C (1988). Pain in children: comparison of assessment scales, *Pediatric Nursing* 14(1):9-17.
- Keck J, Gerkensmeyer J, Joyce B, & Schade J: (1996). Reliability and validity of the FACES and Word Descriptor scales to measure pain in verbal children. *Journal of Pediatric Nursing* 11 (6):368-374.