In appreciation for your selfless work and dedication during these extraordinary times



Debbie Burke, RN senior vice president for Nursing & Patient Care Services and chief nurse

## Colleagues,

Thank-you for everything you're doing to take care of our patients and *one another*.

As we practiced social or physical distancing, I wasn't able to make rounds. But now that we've implemented a mask-wearing policy, I hope to see many of you this week.

I'm also here every day working on your behalf to make sure you have what you need to practice safely.

I am so inspired by all of you. Thank-you.

Mehhie Debbie Burke



## How to put on, use, and take off a mask

1. Before putting on Mask: Clean hands with alcohol-based hand rub or soap and water.



2. When putting on Mask:

Cover mouth and nose with mask and adjust to limit gaps between your face and the mask.



3. WHILE USING MASK:
Avoid touching the mask; if you do, clean your hands with alcoholbased hand rub or soap and water.



4. To remove mask:

Clean hands with alcohol-based hand rub or soap and water.

Then, remove it from behind.

Do not touch the front of mask.

Again, clean hands with alcohol-based hand rub or soap and water.





Lori Pugsley, RN, nursing director of the pediatric units, created a 'Serenity Corner' for staff complete with white noise and relaxing music, lavender-scented infusers, stress balls, plants, hand lotions, and magazines.