



# Male Urinary Pouch External Collection Device

## Continence Care Tips

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### General Information

The Male Urinary Pouch is a cut-to-fit, vinyl, self-adhering pouch, intended to be a conduit for urine collection, via tubing, into a gravity drainage collection device. The adhesive is synthetic. The pouch is meant to be worn by non-ambulatory men, and is available in two styles, either with the **Flextend** or **SoftFlex** skin barrier. The male urinary pouch may be a good alternative when external catheters are not an option because of insufficient shaft length. Do not use this product if the penis or scrotal skin is compromised, if the tip of the penis retracts below the level of the scrotal skin, or if the patient is ambulatory.

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### Flextend and SoftFlex Skin Barriers

#### Sizing the Pouch

- Measure the penis area at the base of the shaft (Using the Hollister Male External Catheter (MEC) Sizing Guide)
- Trace a circle with the measured diameter onto the paper backing of the Male Urinary Pouch
- Cut the opening with blunt edge scissors

#### Preparing the Patient

- Thoroughly wash and dry the penis and surrounding scrotal area
- Do not apply any skin prep, powder, lotion or ointment to the shaft or surrounding scrotal area
- Trim excess hair on the penis and immediate scrotal area

#### Application to the Patient

- Close the capped end of the pouch
- Remove the paper backing from the adhesive side of the pouch
- With one hand smooth the scrotal tissue as much as possible, and with the other hand, apply the pouch adhesive side to the smoothed scrotal skin with the penis centered in the opening
- Hold the pouch in place by hand for about a minute (Warmth of hand and skin tissues helps activate the adhesive)
- Uncap the pouch and attach tubing to a gravity drainage urine collector

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### Frequently Asked Questions

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**Q: If the penis is just about flush, how can the penis be centered in the pouch?**

**A:** If the patient can be rolled slightly to the side, the shaft may lengthen itself enough for successful application.

**Q: What type of drainage bag should be used?**

**A:** Select either a bedside drainage bag or larger capacity leg bag for the immobile individual.

**Q: Can the bedside drainage bag and leg bag be interchanged for day wear and night wear?**

**A:** To minimize the risk of bacteria entering the tubing system, select just one type of collection bag and use it continuously.

**Q: How do I ensure gravity drainage into the collection bag?**

**A:** A side-lying rather than supine position for the patient will help prevent urine from pooling around the penis as it sits in the opening of the pouch. Ensure that the tubing or end of the pouch is not twisted, and that the drainage bag is well below the bladder level.

A catheter tubing securement device may also be used to help stabilize the tubing and prevent undue tension on the pouch.

**Q: When does the pouch need to be changed?**

**A:** If the patient is not circumcised, the pouch should be removed for daily hygiene beneath the foreskin.

Remove the pouch immediately if any skin irritation is assessed while the pouch is in place or if urine is undermining the skin barrier and urine leaks from beneath the barrier.

The pouch should be changed when the inner pouch opening around the penis starts to “turtle neck” around the shaft. This is a sign that the barrier is absorbing maximum moisture and should be changed to prevent moisture accumulation between the barrier and scrotal skin.



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