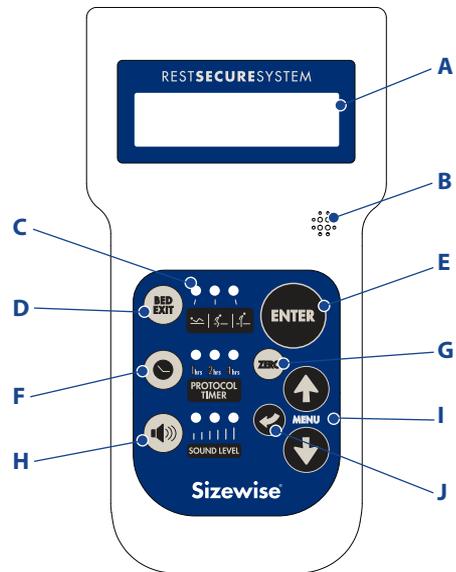


## Hand Control



- A. LCD Display
- B. Microphone: Record a message for the voice alarm.
- C. LED Indicators: Indicates selection.
- D. Bed Exit: Sets low, medium, or high sensitivity.
- E. Enter: For making selection in main and sub menus.
- F. Protocol Timer: Sets 1-, 2-, or 4-hour timer.
- G. Zero: Zeroes scale and establishes base weight.
- H. Sound Level: Selects low, medium, or high volume.
- I. Up/Down Arrow Menu: Makes adjustments to menu items.
- J. Back: Press for previous menu. Press and hold for 3 seconds for home screen.

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## Rest Secure System™ Quick Reference Guide



*Hand Control shown in blue; also available in green.*

This card is not meant to replace product user manual. For complete manual, contact Sizewise.

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## System Setup

1. Plug into wall AC power.
2. Plug in Nurse Call interface.
3. Plug in Hand Control.

## Zero Scale

Press and hold  button for 3 seconds.

## Weighing Patient

Press 

View patient weight on monitor.

System will enter standby after 60 seconds of inactivity.

## To change Lbs/Kgs

Press  or 

Select CHANGE LBS/KGS and press ENTER.

Select CHANGE TO LBS or CHANGE TO KGS and press ENTER.

## Add Remove Items

Press  or 

Select ADD/REMOVE ITEMS and press ENTER.

Press ENTER after changes are made.

See User Manual to customize time of weight history reading and alarm types/sounds.

## Bed Exit Alarm

### Activate Alarm

Patient must be in bed prior to activation.

Press  to select desired sensitivity setting.



**High Sensitivity:** Do not use high with Alternating Pressure Mattress.



**Medium Sensitivity:** Do not use with Rotation Therapy Mattress.



**Low Sensitivity:** Detects when patient has exited the bed.

### Reset Alarm

Place patient back in bed. Press  to reset the alarm and restart the monitoring process.

### Disable Alarm

Press and hold  for 3 seconds to silence and disable alarm.

Bed exit alarm must be reactivated after being disabled.

## Protocol Timer

Set protocol reminder for 1, 2, or 4 hours.

Press  to select desired time.

To disable: Press timer button until indicator lights are off.

## Adjusting Alarm Volume

Press  to select desired sound level.

NOTE: When bed exit alarm/protocol timer are disabled, the sound level indicator lights will be off.