Appendix A

Mitigating Pressure Injury Risk with Targeted Interventions Based on Braden Subscale Scores

Sensory Perception, Moisture Nutrition Friction/Shear Activity, Mobility < 2 < 2 < 2 Consult Nutrition if: Use commerical skin •10% weight loss in 6 months cleanser and soft cloth for Elevate $HOB \le 30$ degrees Use prophylactic dressings incontinence episodes. • BMI ≤ 22 (semi-Fowlers position) if over bony prominences and Consider using external • NPO for multiple days medically feasible under medical devices incontinence devices • Poor appetite, oral intake (PureWick, condom catheter). Assist patient with food Turn and reposition at least Use mechanical ceiling lift choices. Encourage snacks Apply skin protectant film every 2 hours if in bed (or (Appendix H) for and dietary supplements. or paste to every 15-20 minutes if in repositions/turns and for (Appendix G) Engage denuded/macerated skin or chair). See Appendix F transfers out of bed. skin exposed to family. Optimal positioning to incontinence prevent PIs. (see Appendix E) Consider giving Use prophylactic dressings Utilize additional offover bony prominences and Use disposible cloth medications with dietary loading devices as needed under medical devices incontinence pads. Avoid supplements (such as Z-Flo positioner, diapers and plastic backed air-lock seat cushion, chux. commercial heel protectors)