



Psychometric Evaluation of the Revised Professional Practice Environment (RPPE) Scale

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Objective: The purpose was to examine the psychometric properties of the Revised Professional Practice Environment (RPPE) scale.

Background: Despite renewed focus on studying health professionals' practice environments, there are still few reliable and valid instruments available to assist nurse administrators in decision making.

Methods: A psychometric evaluation using a random-sample cross-validation procedure (calibration sample [CS], $n = 775$; validation sample [VS], $n = 775$) was undertaken.

Results: Cronbach α internal consistency reliability of the total score ($r = 0.93$ [CS] and 0.92 [VS]), resulting subscale scores (r range: 0.80 - 0.87 [CS], 0.81 - 0.88 [VS]), and principal components analyses with Varimax rotation and Kaiser normalization (8 components, 59.2% variance [CS], 59.7% [VS]) produced almost identical results in both samples.

Conclusions: The multidimensional RPPE is a psychometrically sound measure of 8 components of the professional practice environment in the acute care setting and sufficiently reliable and valid for use as independent subscales in healthcare research.

Over the past 20 years, there has been a renewed emphasis on the organizational context within which healthcare is delivered.¹⁻² Despite this increased focus on the work environment, research initiatives evaluating organizational outcomes have not kept

pace. This is due in part to the paucity of psychometrically sound instruments that measure specific aspects of the professional practice environment.³ Lake,⁴ in her literature review of the types of research studies that used specific instruments to evaluate practice environments, found 203 articles meeting the inclusion criteria. Of this number, only 7 multidimensional instruments were found, 5 of which were developed for nursing research and 2 for behavioral or management science. Thus, it is essential that nursing leadership faced with increasing demands and diminishing resources have reliable and valid data upon which to base their decision making to deliver safe, efficient, and effective patient care. The purpose of this article was to report on the psychometric properties of the Revised Professional Practice Environment (RPPE) scale.

Like its predecessor, the Professional Practice Environment (PPE) scale,³ the RPPE is a conceptually grounded, multidimensional measure of 8 components of professional clinical practice in the acute care setting. In the late 1990s, a strategic planning process was initiated at the Massachusetts General Hospital (MGH) in Boston to create a shared vision for the 6 clinical disciplines within the newly created structure called Patient Care Services (PCS). One of the outcomes of that effort was the development of the interdisciplinary MGH Professional Practice Model that provided a comprehensive view of professional practice. The Professional Practice Model's core elements are: professional staff leadership and autonomy in practice; control over one's practice; collaborative governance stressing staff participation in decision making about patient care and the environment within which care is

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delivered; interdisciplinary communication and teamwork; use of a problem-solving approach to handle disagreements and conflict; enhanced internal work motivation; and delivery of culturally sensitive, competent care to patients of all ethnic groups.⁵ This model guided the development of the original version of the PPE scale.

Backgrounds

Much of the work on developing professional practice environment instruments sprang from the first Magnet hospital study.⁶ Using the findings from this study, Kramer and Hafner⁷ developed the Nursing Work Index (NWI), a 65-item scale designed to measure what nurses in Magnet hospitals believed were important characteristics of their professional practice environments. Two scores were obtained: job satisfaction and quality care. Eleven years later, Aiken and Patrician⁸ examined the 65 NWI items from a conceptual perspective and developed the Revised Nursing Working Index (R-NWI). The 57-item R-NWI, comprising 55 of the original NWI items and 2 additional items, measured 4 subscales: autonomy, control over work environment, relationship with physicians, and organizational support of caregivers.

Using factor analytic techniques on the NWI data, Lake⁹ developed the Practice Environment Scale of the NWI, which measured 5 components: nurse participation in hospital affairs; nursing foundations for quality of care; nurse manager ability, leadership, and support; staffing and resource adequacy; and nurse-physician relations. In addition, higher order factor analysis of the 5 subscales resulted in one major composite, called the Practice Environment Scale. Also using factor analytic techniques, Estabrooke and colleagues¹⁰ developed a 1-factor 26-item scale, the Practice Environment Index, from the R-NWI items.

Development of the Original MGH PPE Scale

The PPE scale was first developed in late 1998 to evaluate the effectiveness of the PCS' new practice environment in supporting clinicians in their delivery of patient care. This 35-item scale was designed to measure 8 clinical practice environment characteristics: leadership and autonomy in clinical practice (5 items), staff relationships with physicians (2 items), control over practice (6 items), communication about patients (3 items), teamwork (4 items), handling disagreement and conflict (8 items), internal work motivation (4 items), and cultural sensitivity (3 items).

Definitions

The 8 professional practice environment characteristics were defined as follows. *Leadership and autonomy in clinical practice* is the quality or state of being self-governing and exercising professional judgment in a timely fashion.¹¹ *Staff relationships with physicians* are those associations with physicians that facilitate exchange of important clinical information.¹¹ *Control over practice* signifies sufficient intraorganizational status to influence others and deploy resources when necessary for good patient care.¹² *Communication about patients* is defined as the degree to which patient information is related promptly to the people who need to be informed through open channels of interchange.¹³ *Teamwork* is viewed as a conscious activity aimed at achieving unity of effort in the pursuit of shared objectives.¹⁴ *Handling disagreement and conflict* represents the degree to which managing discord is addressed using a problem-solving approach.¹⁴ *Internal work motivation* is self-generated encouragement completely independent of external factors such as pay, supervision, or coworkers.^{5,15-16} *Cultural sensitivity* is a set of attitudes, practices, and/or policies that respects and accepts cultural differences.⁵

After completing the test pool, 7 PCS staff members reviewed each item for readability, clarity, meaning, and congruence with the conceptual category it was designed to measure. After minor editing, all items were retained. Each item was then placed on a 4-point Likert scale of strongly agree, agree, disagree, and strongly disagree for participants' responses.

This version of the PPE scale was used for 3 years (1999-2001) to evaluate the effectiveness of the MGH professional practice environment and to monitor changes made in the environment in response to previous data. At the end of this period, we evaluated the internal consistency of the PPE subscales and noted that the internal work motivation scale composed of 4 items had low internal consistency ($r = 0.63$). When the distribution of scores was examined, we found high homogeneity of staff responses on these items. Thus, we developed 4 additional items to generate greater response variation on this scale. These items were reviewed for conceptual congruence with the scale definition and added to the scale. In addition, there was one item in the handling disagreement and conflict scale that contained 2 ideas. This item was edited to form 2 items in an effort to eliminate possible confusion for respondents. Now 40 items in length, this version of the PPE

scale was then examined for psychometric adequacy and reported elsewhere.³ Because there are unequal numbers of items defining each subscale, average scores were used so that all subscale scores have equal weight.

Development of the RPPE Scale

The 40-item PPE scale mentioned above underwent further revision in 2005 when the MGH senior vice president for PCS and associate chief nurses and directors revised strategic goals. Nursing leadership reviewed all items and edited them for greater clarity. Two additional items were added to the handling disagreement and conflict scale, namely, "Most conflicts occur with members from my own discipline" and "Most conflicts occur with members from other disciplines." These items were designed to more clearly pinpoint where conflicts and disagreements originated. In addition, the now named RPPE scale was developed as an online version so as to provide greater ease in respondent participation and to decrease data preparation time since the surveys would be completed electronically and data would be directly entered into a database for subsequent analysis. The RPPE scale, 42 items in length, was the version used in the MGH 2006 Staff Perceptions of the Profes-

sional Practice Environment study, which received exempt institutional review board approval. The scale, distributed electronically to MGH professional practice staff, yielded a 61% response rate ($n = 1,837$).

Sample

Psychometric evaluation of the RPPE was then undertaken on all staff in the 2006 sample who had no missing data on the scale ($n = 1,550$). Because the sample size was large enough, a random sample cross-validation procedure¹⁷⁻¹⁸ was used to test whether the 8 original components in the RPPE could be derived in one sample and validated in a comparable sample drawn from the same population of MGH staff. The calibration sample ($n = 775$) was used to derive the underlying components; the validation sample ($n = 775$) was used to confirm the component structure. If both samples yielded the same or very similar results, this would provide further evidence of construct validity.¹⁹ As Table 1 shows, the 2 samples were comparable, with no significant differences on the demographic characteristics of age, sex, highest educational level, number of years in the profession, and number of years at MGH. Sample size for both samples ($n = 775$) was more than adequate to undertake principal

Table 1. Descriptive Statistics Demographics on Revised Professional Practice Environment Cross-validation Samples

Variable	Calibration Sample, n = 775		Validation Sample, n = 775	
	Mean	SD	Mean	SD
Age	40.0	10.0	40.0	11.0
Total number years worked at MGH	10.3	9.3	10.9	9.6
Length of time in profession	15.0	10.8	15.2	11.1
Sex	n	%	n	%
Female	719	91.5	712	91.9
Male	56	7.2	60	7.7
Missing	10	1.3	3	0.4
Highest education				
Diploma	69	8.9	57	7.4
AD nursing	90	11.6	105	13.5
BS nursing	411	53.0	393	50.7
BS outside nursing	47	6.1	67	8.6
Master's degree in nursing	96	12.4	95	12.3
Master's degree outside nursing	12	1.6	11	1.4
Doctorate in nursing	17	2.2	15	1.9
Doctorate outside nursing	4	0.5	2	0.3
Other degrees	5	0.6	4	0.5
Missing	24	3.1	26	3.4
Employment status				
Full-time MGH	489	60.5	475	61.3
Part-time MGH	260	33.5	237	30.6
Per diem	38	5.0	60	7.7
Missing	8	1.0	3	0.4

Abbreviation: MGH, Massachusetts General Hospital.

components analyses (PCAs) with each sample having an approximate 20:1 case-to-variable ratio.²⁰⁻²¹

Findings

Psychometric evaluation of the RPPE included (a) internal consistency reliability using Cronbach α and item analysis; (b) confirmatory PCA using the previously described random sample, cross-validation technique; and (c) internal consistency reliability of resulting components using Cronbach α .

Initial Reliability Estimates and Item Analyses

Item-total correlations were computed for the 42-item RPPE in both the calibration sample ($n = 775$) and the validation sample ($n = 775$). The Cronbach α was .93 for the calibration sample and .92 for the validation sample. In both analyses, the same 5 items, shown in bold italics in Tables 2 and 3, had item-total correlations below 0.30. Because of the multidimensional nature of the PPE construct, however, we decided to keep the items in the scale at this time and include them in PCAs to determine how well they would fare.

Calibration Sample—PCAs

Principal components analysis followed by Varimax rotation and Kaiser normalization was next performed on the calibration sample ($n = 775$) specifying 8 components. Examination of the rotated component matrix revealed a parsimonious and interpretable solution. All but 3 items loaded greater than the 0.30 component loading cutoff on one of the 8 components. There were very few substantial side loadings. Table 2 displays the RPPE items and their component loadings on the PCA-derived scales, which accounted for a total of 59.2% of initially extracted common variance. Component 1, handling disagreement and conflict, defined by 9 items with an eigenvalue of 11.2, accounted for 26.7% of variance. Component 2, leadership and autonomy in clinical practice, composed of 5 items with an eigenvalue of 3.1, explained an additional 7.3% of variance. Component 3, internal work motivation, defined by 8 items, had an eigenvalue of 2.6 and added 6.1% of variance. Components 4 through 8 with eigenvalues of 1.9 (control over practice—5 items), 1.7 (teamwork—4 items), 1.7 (communication about patients—3 items), 1.4 (cultural sensitivity—3 items), and 1.3 (staff relationships with physicians—2 items), added 4.6%, 4.1%, 4.0%, 3.4%, and 3.0% of variance, respectively. The 3 items that did not load significantly

(>0.30) on any component were “Patient care assignments foster continuity of care,” “I am asked to do things against my professional judgment,” and “Most conflicts occur with members from other disciplines.”

Validation Sample—PCAs

The same type of PCA was next undertaken on the validation sample ($n = 775$) and produced almost identical results. As Table 3 shows, all 8 components were defined by the same items and in the same order that were demonstrated in the calibration sample PCA (Table 2). The same 3 items that were dropped from the component structure due to components loadings less than 0.30 in the calibration sample were also dropped in the validation sample PCA. The total amount of shared variance in the second PCA was 59.7%, only 0.5% higher than the explained variance in the calibration sample PCA.

Internal Consistency Reliability of RPPE Subscales

Before computing RPPE mean subscale scores, Cronbach α internal consistency reliabilities for each of the 8 PCA-derived components were next computed on both samples' scores. As Tables 2 and 3 show, subscale reliabilities ranged from .80 to .87 in the calibration sample and from .81 to .88 in the validation sample. Thus, the now 39-item RPPE scale's 8 components of the professional practice environment were judged sufficiently reliable for use as independent measures in subsequent research. In addition, these findings demonstrate that the RPPE is psychometrically equivalent to its predecessor, the PPE scale.²²

Administration

The RPPE is self-administered. Respondents are directed to a specific agency-based, secure Web site where they are instructed to complete the RPPE online. It takes approximately 10 minutes to provide answers on the RPPE. Since the RPPE scale is scored so that high scores represent high amounts of the construct being measured, 7 items need to be reverse scored. Because there are unequal numbers of items defining each RPPE subscale, average scores need to be used so that all subscale scores have equal weight. All mean subscale scores are formed by adding the subscale items together and then dividing that sum by the number of items in the subscale.

Discussion

Results from this psychometric evaluation of the now 39-item MGH RPPE scale indicated that all

Table 2. Calibration Sample Principal Components Analysis Loadings for Varimax-Rotated Factor Matrix for Revised Professional Practice Environment Scale ($n = 775$)

Cronbach α Total 39-Item Scale = .93		Component							
Total Explained Variance, 59.2%		1	2	3	4	5	6	7	8
Component 1: handling disagreement and conflict, 26.7% variance (Cronbach $\alpha = .87$)									
When staff disagree, they ignore the issue, pretending that it will "go away"		.77							
Staff withdraw from conflict		.77							
Disagreements between staff members are ignored/avoided		.69							
All contribute from their experience, expertise to effect high-quality solution		.62							
All staff members work hard to arrive at best possible solution		.62							
All points of view considered in finding best solution to problem		.58							
Staff involved do not settle dispute until all are satisfied with decision		.50							
<i>Most conflicts occur with members of my own discipline</i>		.49							
Staff members involved settle disputes by consensus		.31							
Component 2: leadership and autonomy in clinical practice, 7.3% variance (Cronbach $\alpha = .84$)									
Department head supports staff even if conflict is with a physician			.73						
Leadership supportive to department/unit staff			.68						
Department head is a good manager and leader			.67						
My discipline controls its own practice			.64						
I have freedom to make important patient care and work decisions			.61						
Component 3: internal work motivation, 6.1% variance (Cronbach $\alpha = .84$)									
I have challenging work that motivates me to do best job I can				.83					
Working on this unit gives me opportunity to gain new knowledge and skills				.74					
<i>I feel a great sense of personal satisfaction when I do this job well</i>				.72					
<i>I feel a high degree of personal responsibility for the work I do</i>				.66					
Working in this environment increases my sense of professional growth				.65					
I am motivated to do well because I am empowered by my work environment				.59					
My opinion of myself goes up when I work on this unit				.47					
<i>I feel bad and unhappy when I discover I have performed less well than I should</i>				.37					
Component 4: control over practice, 4.6% variance (Cronbach $\alpha = .84$)									
There are enough staff to provide quality patient care					.80				
We have enough staff to get the work done					.80				
I have enough time and opportunity to discuss patient care problems with other staff					.67				
I have adequate support services to allow me to spend time with patients					.66				
There are opportunities to work on highly specialized patient care unit					.42				
Component 5: teamwork, 4.1% variance (Cronbach $\alpha = .80$)									
Inadequate working relationships with other hospital groups limit effectiveness of work on this unit						.81			
My unit/department does not get the cooperation it needs from other hospital units						.79			
Other hospital units/departments seem to have low opinion of my unit/department						.70			
My unit/department has constructive relationships with other groups in this hospital						.66			
Component 6: communication about patient, 4.0% variance (Cronbach $\alpha = .82$)									
I receive information quickly when patient's status changes						.79			
Information regarding patient care is relayed without delays						.77			
Information on the status of patients is available when I need it						.69			
Component 7: cultural sensitivity, 3.4% variance (Cronbach $\alpha = .86$)									
Staff members are sensitive to diverse patient populations for whom they serve							.85		
Staff members respect the diversity of their healthcare team							.80		
Staff members have access to necessary resources to provide culturally competent care							.71		
Component 8: staff relationships with physicians, 3.0% variance (Cronbach $\alpha = .83$)									
Physicians and staff have good working relationships								.63	
There is a lot of teamwork between unit/departments and physicians								.61	
Dropped items due to factor loadings less than 0.30									
<i>Patient care assignments foster continuity of care</i>									
<i>I am asked to do things against my professional judgment</i>									
<i>Most conflicts occur with members from other disciplines</i>									

Table 3. Validation Sample Principal Components Analysis Loadings for Varimax-Rotated Factor Matrix for Revised Professional Practice Environment Scale (n = 775)

Cronbach α Total 39-Item Scale = .92		Component							
Total Explained Variance, 59.7%		1	2	3	4	5	6	7	8
Component 1: handling disagreement and conflict, 25.8% variance (Cronbach α = .85)									
When staff members disagree, they ignore issue pretending it will "go away"		.76							
Disagreements between staff members are ignored/avoided		.74							
All staff work hard to arrive at best possible solution		.70							
All contribute from their experience, expertise to effect high-quality solution		.69							
Staff withdraw from conflict		.67							
Staff involved do not settle dispute until all are satisfied with the decision		.64							
All points of view considered in finding best solution to problem		.62							
Staff involved settle disputes by consensus		.41							
<i>Most conflicts occur with members of my own discipline</i>		.37							
Component 2: leadership and autonomy in clinical practice, 7.3% variance (Cronbach α = .84)									
Department head supports staff even if conflict is with a physician		.77							
Leadership supportive to department/unit staff		.72							
My discipline controls its own practice		.69							
Department head is a good manager and leader		.67							
I have freedom to make important patient care and work decisions		.64							
Component 3: internal work motivation, 6.2% variance (Cronbach α = .83)									
<i>I feel a great sense of personal satisfaction when I do this job well</i>				.81					
I have challenging work that motivates me to do best job I can				.81					
<i>I feel a high degree of personal responsibility for the work I do</i>				.79					
Working on this unit gives me opportunity to gain new knowledge and skills				.68					
Working in this environment increases my sense of professional growth				.54					
I am motivated to do well because I am empowered by my work environment				.45					
My opinion of myself goes up when I work on this unit				.40					
<i>I feel bad and unhappy when I discover I have performed less well than I should</i>				.38					
Component 4: control over practice, 5.2% variance (Cronbach α = .82)									
There are enough staff members to provide quality patient care					.84				
We have enough staff to get the work done					.84				
I have adequate support services to allow me to spend time with patients					.63				
I have enough time and opportunity to discuss patient care problems with other staff					.62				
There are opportunities to work on highly specialized patient care unit					.34				
Component 5: teamwork, 4.4% variance (Cronbach α = .81)									
My unit/department does not get cooperation it needs from other hospital units						.81			
Inadequate working relationships with other hospital groups limit effectiveness of work on this unit						.79			
Other hospital units/departments seem to have low opinion of my unit/department						.72			
My unit/department has constructive relationships with other groups in this hospital						.68			
Component 6: communication about patient, 4.1% variance (Cronbach α = .85)									
I receive information quickly when patient's status changes							.85		
Information regarding patient care is relayed without delays							.82		
Information on the status of patients is available when I need it							.75		
Component 7: cultural sensitivity, 3.5% variance (Cronbach α = .88)									
Staff members are sensitive to diverse patient populations for whom they serve								.87	
Staff respect the diversity of their healthcare team								.84	
Staff have access to necessary resources to provide culturally competent care								.74	
Component 8: staff relationships with physicians, 3.2% variance (Cronbach α = .85)									
Physicians and staff have good working relationships									.47
There is a lot of teamwork between unit/departments and physicians									.46
Dropped items due to factor loadings less than 0.30									
<i>Patient care assignments foster continuity of care</i>									
<i>I am asked to do things against my professional judgment</i>									
<i>Most conflicts occur with members from other disciplines</i>									

8 subscales are reliable and construct valid for use as independent dimensions of the professional practice environment in today's acute care setting. In contrast to the NWI and its derivative scales, the RPPE offers a more comprehensive picture of today's professional practice environment. In addition to measur-

ing all the professional characteristics springing from the Magnet hospital studies, the RPPE also measures professional staffs' ability to handle disagreement and conflict using a problem-solving approach, their internal work motivation, communication about patients, and cultural sensitivity.

Implications

- Provides a unified voice across and within practice disciplines
- Identifies “what’s working” and “what’s not working”
- Tracks staffs’ perceptions over time
- Assesses the impact of initiatives implemented to address past issues
- Provides key data for strategic and tactical planning
- Informs staff and leadership development programming
- Identifies opportunities to benchmark against own or like units
- Empowers clinical staff to be influential and effective partners with administration in setting strategic goals
- Provides reliable information regarding staff perceptions of key practice components
- Generates important data necessary for creating structures and programs to support care delivery, elements of Magnet recognition, and the Institute of Medicine’s six aims of improvement

Figure 1. Revised Professional Practice Environment scale implications for chief nursing officer/leadership.

The RPPE serves as an effective report card of the health of the professional practice environment and is linked to a model of practice that aspires to achieve these outcomes. Such information can help nursing leadership design and/or improve the various components of an individual unit or department practice setting and provide evaluative feedback to leadership about whether such changes have made a difference in practice. At MGH, PCS management and staff have used PPE and RPPE item data in this way for more than 9 years. They report that the RPPE subscale and item scores provide valuable information describing effective professional practice environments. The RPPE data linked to new initiatives and changes in practice serve as evidence to support or refute leadership response to professional staff concerns (Figure 1).

If unit or department identifiers are available and linked to respondent data, subscale scores can also be created at the unit or department level by averaging individual scores from the appropriate unit or department staff. However, moving from the individual to the unit or department level changes the unit of analysis, making it much smaller, depending on the number of units/departments in the study sample.

For Magnet-recognized organizations or for organizations pursuing Magnet recognition, the RPPE scale is an effective tool to measure baseline and ongoing perceptions of clinicians’ impressions of their professional practice model, which are aligned with the 5 model elements of Magnet recognition, namely, transformational leadership; structural empowerment; exemplary professional practice; new knowledge, innovations, and improvements; and empirical outcomes.²³ Through annual administration of the RPPE, a greater understanding of organizational concepts that enhance clinical practice can be achieved. Such data help illustrate which support structures are needed to hardwire the Institute of Medicine’s 6 aims (patient centeredness, safety, effectiveness, efficiency, timeliness, and equity of care) into practice.²⁴

Summary

These findings indicate that the multidimensional RPPE is a psychometrically sound measure of 8 components of the professional practice environment in an acute care setting, namely, handling disagreement and conflict, leadership and autonomy in clinical practice, internal work motivation, control over practice, teamwork, communication about patients, cultural sensitivity, and staff relationships with physicians. As well as being psychometrically sound, the RPPE demonstrates substantive coherence and application at both the individual and one or more organizational levels of analysis.

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