Headlines March 7, 2019

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The MGH Pet Therapy Program

Nursing director, Melissa Jocelyn, RN (front left), and staff of the Ellison 12 Medical Unit were all too happy to pose with MGH pet therapy dog, Daisy, and her handler/owner, Phyllis Kassels (front right). (See story on page 8)

Nursing & Patient Care Services

<u>Debbie Burke</u>

Workplace violence

a growing concern in healthcare settings across the country

It's counter-intuitive to think that violence can occur in a hospital—a place that exists for the sole purpose of helping people—but that's the reality in healthcare settings across the country, including, sadly, right here at MGH. This is a troubling trend, and one that weighs heavily on me as chief nurse.

Violence has been directed at all role groups, but studies show that 80% of nurses nationwide report experiencing some form of violence. This is even more unsettling when you consider that violence in hospitals is largely under-reported.

I want you to know that we take violence of any kind very seriously. Key departments throughout the hospital are working together to enable us to track, anticipate, and prevent incidents from occurring.

The Disruptive Patient Behavior Committee reviews safety reports and makes sure safety icons are placed in the electronic record to alert staff to potential risks and guide them toward appropriate interventions.

Education on how to de-escalate volatile situations was recently disseminated via HealthStream, and we've added a tab to the EED portal page to provide staff with easy access to information related to disruptive patient behavior (www. mghpcs.org/EED).

In January, we began monitoring a new nursing sensitive indicator: Assaults on Nursing Personnel. We'll use this data to help identify and implement strategies to avert similar situations in the future.

I urge you to familiarize yourself with the many resources available here at the hospital (see article on page 4). If you should witness or encounter any kind of physical or sexual assault, first and foremost keep yourself safe, and please, file a safety report.

Debbie Burke, RN senior vice president for Nursing & Patient Care Services and chief nurse

Those of you who provide direct patient care may have your own ideas about how to address these challenges. If so, I would love to hear from you. Caring for patients should never mean putting yourself in harm's way.

Debbie Burke

For more information, visit the MGH Disruptive Patient Behavior and Staff Safety portal page at: www.MGHPCS.org/Disruptive-Behavior.

<u>Documentation</u>

The Code Narrator Survey

have a voice in improving the functionality of the Code Narrator

—by Pat Grella, RN, and Kim Whalen, RN

Feedback from the recent Staff Perceptions of the Professional Practice Environment Survey and eCare rounds has revealed opportunities to improve clinical documentation, especially as it relates to codes and rapid-response scenarios. Though codes and rapid-response situations don't occur frequently, they tend to be highly stressful, and documentation is critical to our ability to assess the quality of our response.

The Pediatric ICU has a history of multi-disciplinary, simulation-based, team training for code documentation. In 2017, nursing practice specialist, Kim Whalen, RN, and chief of Pediatric Critical Care Medicine, Phoebe Yager, MD, began having nurses document codes in the *e*Care Code Narrator during weekly simulations. It quickly became clear that this was a valuable practice, but frustration with the functionality of the Code Narrator was an issue.

Last year, Whalen, Yager, and Maureen Clark, pediatric research coordinator, conducted a survey of ICUs to glean staff's perceptions of the Code Narrator. Results pointed to a need for the program to be more user friendly and indicated that staff would benefit from simulation training.

Project manager, Pat Grella, and director of the PCS Office of Quality & Safety, Colleen Snydeman, RN, will join Whalen, Yager, and Clark in expanding the survey to include inpatient, perioperative, procedural areas, and the ED. The survey is designed to collect data related to the Code Narrator to inform how we can:

- improve staff education related to the Code/Response Narrator
- improve the design of the Code/ Response Narrator itself

Nurses on inpatient units, in perioperative areas, procedural areas, and the ED are encouraged to participate. The survey can be accessed by signing in using the link you received from unit leadership, or by scanning the code on posters in your area.

The survey should take less than five minutes to complete, and it is anonymous; it is accessible through March 20th. For more information, call Pat Grella at 617-643-5179.

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<u>Safety</u>

Workforce safety

numerous resources prioritize staff safety

—by Robin Lipkis-Orlando, RN, director, Office of Patient Advocacy

In 2011, the Disruptive Patient Behavior and Staff Safety (DPB) Committee was convened for the purpose of reducing the frequency and impact of disruptive behavior. Disruptive behavior is defined as:

- behavior that is intimidating, threatening, or dangerous and may pose a risk of harm to staff, patients, or visitors
- verbal abuse, such as namecalling, racial/ethnic epithets, profanity, sexual harassment
- physical abuse, inappropriate touching, unwanted approaches
- behavior that interferes with safe medical care
- behavior that creates fear and interferes with staffs' ability to perform their duties or achieve intended outcomes
- behavior that impedes normal operations (such as excessive calls, e-mails, etc.)

The DPB committee, which has broad inter-disciplinary representation, meets monthly and reviews all safety reports that fall within the disruptive patient behavior category. They assess risk factors, frequency and severity of episodes, the likeliness of re-occurrence, and make a determination as to whether placement of a safety-risk flag in *e*Care is warranted. The flag links to a description of the specific behavior and suggests interventions. Acute care plans can be entered in *e*Care to provide additional information about care needs and plans to ensure safety.

Through safety reports, the DPB committee is continuously apprised of what's happening throughout the organization.

Insights gleaned from reviewing safety reports include:



This tile in the safety reporting system was designed specifically for disruptive events.

- Medical conditions associated with high risk of disruptive behavior include delirium, neuropsychiatric conditions, traumatic brain injury, drug or alcohol intoxication or withdrawal, and pain management
- The most common trigger for disruptive patient behavior is denial of goals, such as: cancellation of procedures, poor outcomes, delayed discharge, a shortage of private rooms, long waits, or simply the word, 'No'
- Physical assaults occur most frequently during the provision of care with patients experiencing altered mental status
- Staff should never approach an agitated patient without appropriate support. It's best to delay or bundle care activities to minimize the risk of harm. Never give oral medication by placing your fingers near a patient's mouth

All employees should be aware of the resources on the opposite page. For more information, contact the Office of Patient Advocacy, at 617-726-3370.

Workforce Safety Resources

The Addiction Consult Team

The Addiction Consult Team (ACT) is a multi-disciplinary service that provides expert consultation and treatment recommendations for patients with substance use disorders (SUDs). See the EED Portal page for additional information.

Employee Assistance Program (EAP)

In response to disruptive patient behavior, the EAP supports staff emotionally and reinforces positive coping strategies, including peer support, management support, self-care outside of work, manager consultations, staff and physician support, and workgroup session. Call 617-726-6938, or toll free: 1-866-724-4EAP (327).

Navigator for Patients with Autism and Other Developmental Disorders

The navigator is a resource for patients with autism and developmental disorders, their families, and staff. The navigator collaborates with multi-disciplinary teams to maximize the patient's comfort and tolerance for care interventions. Contact: Karen Turner at 617 643-6627.

Occupational Health

Occupational Health Services (OHS) protects and promotes the health, safety, and well-being of all employees. Call 617-726-2217.

Office of Patient Advocacy

The Office of Patient Advocacy supports a safe and compassionate environment for all patients and staff and engages in treatment planning to optimize positive outcomes and support staff efforts. Advocates use a variety of strategies to diffuse escalating situations and are often involved in resolving conflict. Call 617-726-3370, or e-mail mghpatientadvocacy@partners.org.

Police & Security

Police, Security & Outside Services provides interventions to reduce risk, assess threats, and make recommendations for enhanced security. They participate in safety planning, serve as stand-bys and escorts, and provide staff training. The SMART team provides a multi-disciplinary response to complex workplace violence and conflict situations. Call 617-726-2111.

Trauma Informed Care

Connie Cruz, RN, at 617-726-7705 Debra Drumm, Social Service, at 617-726-7674

Miscellaneous

Practice Updates and Alerts are accessible on the EED Portal Page: Acute Care Plan, Safety Risk Flag and Care Resistant Behavior.

Policies and Procedures in Ellucid help guide practice, including: Delirium Care Guidelines, Patient Requests to Leave a Patient Care Unit, Search Policy, Visitor Policy, Weapons, and Restraint and Seclusion.

New: for more information visit the MGH Disruptive Patient Behavior and Staff Safety portal page at: www.MGHPCS.org/Disruptive-Behavior.

New STEMI response protocol

—by Meg McCleary, RN, nurse manager, Cardiac Catheterization Lab

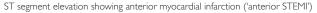
MGH treats many patients who've experienced acute myocardial infarction, also known as a 'heart attack.' The most severe type of myocardial infarction is an ST elevation myocardial infarction, or STEMI, which refers to the ST segment of an electrocardiogram, indicating infarction or tissue death. This is often caused by a completely blocked coronary artery due to plaque rupture and clot formation, impeding blood flow and oxygen to the heart.

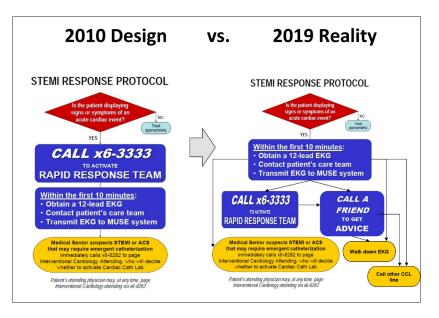
Treatment for this condition is immediate re-vascularization, or a reopening of the artery via percutaneous coronary intervention in the Cardiac Catheterization Lab. Delaying treatment can lead to complications like cardiogenic shock or even death. Because the condition occurs suddenly, patients typically present to the Emergency Department and are immediately brought to the Cath Lab to have the lesion ballooned and stented, which usually takes about 70 minutes (door to balloon time.) The sooner the artery is reopened, the higher the chances of survival and positive outcomes.

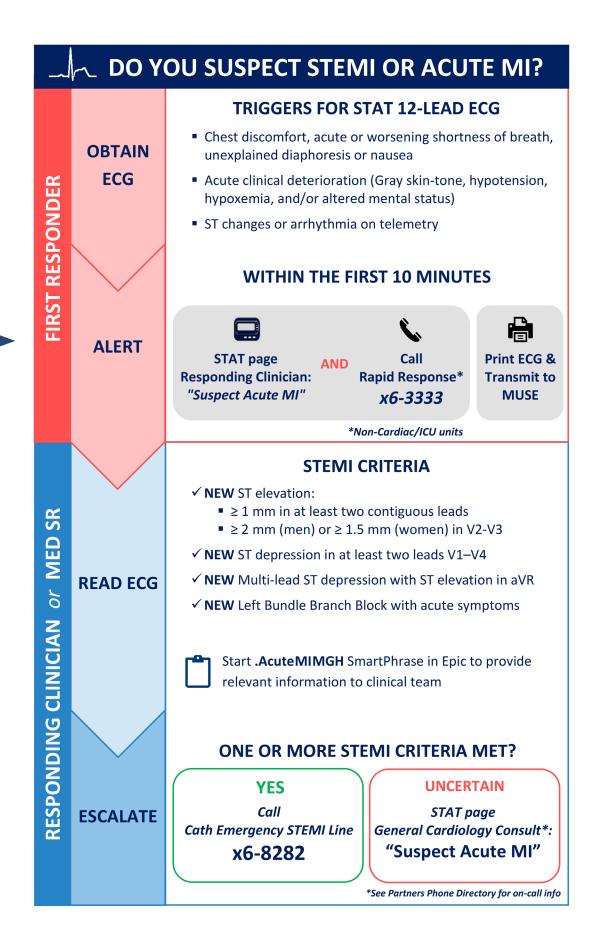
Recently, the STEMI Committee noted a difference in response time between inpatients who experience STEMIs and those who arrive via the ED. Among inpatients, electrocardiogram to balloon time was 120 minutes versus 70 minutes for ED patients. To rectify that discrepancy, Meg McCleary, RN, nurse manager of the Cath Lab, and Ken Rosenfield, MD, medical director of the STEMI Committee, led a process-improvement initiative along with Jordan Akselrad, senior project specialist, Gianna Wilkins, senior process improvement consultant, with input from nurses, advanced practice providers, and physicians to re-design the protocol. The new protocol (pictured below) is now live and will be monitored closely using the *e*Care smartphrase, 'Acute MI MGH,' and case review.

For more information, call nurse manager, Meg McCleary at 617-724-6691.









Volunteer Services



A day in the life of an MGH pettherapy dog

Meet Daisy, a 5-year-old, 12-pound, miniature poodle and proud member of the MGH Pet Therapy Team since August, 2016.

Every Thursday is a 'work' day for Daisy and her handler/owner, Phyllis Kassels. Even before Daisy officially logs in for her 10am–2:00pm shift, she's greeted by patients and visitors as they pass by—faces brighten, smiles widen, and hands reach out to pet her.

Often staff approach and speak directly to Daisy, asking if she'll come to their unit to visit. Once Daisy gets her assignments, she's off to visit anywhere from 15 to 50 patients in a variety of settings.

The first stop on every unit is always the nurses' station. (Nurses need pet therapy, too!) Daisy greets staff and selfies are taken as everyone wants a picture with 'Daisy the therapy dog.'

continued on next page

Volunteer Services (continued)



With list in hand, we head off to see our first patient.

Imagine you're in the hospital, alone, anxious, or just really missing your own pet. Your nurse asks if you'd like to be visited by a therapy dog. And soon, Daisy and I come to your room.

We're met with smiles, laughter, questions, and requests for selfies as patients snuggle up next to Daisy. They speak directly to her, sometimes in different languages— Spanish, Italian, Portuguese they never want her to leave. When we finally say good-bye, we often hear patients calling home to tell their family about the visit. Then it's on to the next room and the next unit.

Every patient is different, but the smiles, the laughter, those few minutes you spend with them really help patients forget their medical concerns for a little while.

There's no getting around how soothing the company of a dog can be. When we go into a patient's room, I can tell if they're not happy. But when they see Daisy, they just light up. Family and friends also look forward to Daisy's visits; they say it makes them feel better, too. Sometimes, people are curious about how dogs become therapy dogs; they have to pass the Canine Good Citizen test given by the Pets and People Foundation and demonstrate that they're at ease and enjoy being touched and petted by unfamiliar people.

When people thank us for the visit, we always tell them we have the best 'job' in the world.

For more information about the Pet Therapy Program at MGH, call Jackie Nolan, director of Volunteer Services, at 617-724-1753.

Professional Achievements

Appointments

Mary Guanci, RN Director at Large American Association of Neuroscience Nurses

Member, Guideline Committee Neurocritical Care Society

Virginia Heikkinen, RN

Member, Board of Directors Co-chair, Massachusetts extension Case Management Society of New England

Elyse Levin-Russman, LICSW President Association of Pediatric Oncology Social Workers

Gayle Peterson, RN Board of Trustees Leadership Society American Nurses Association

Safe Patient Handling Stakeholders Workgroup The Massachusetts Health & Hospital Association

Awards

Laura Dickman, LICSW 2018 Rookie of the Year Association of Pediatric Oncology Social Workers

Ellen Robinson, RN Certificate of Honor for a Lifetime of Leadership and Dedication to Patient Care and the Nursing Profession American Nurses Foundation

Presidential Citation for service to the American Society for Bioethics and Humanities American Society for Bioethics and Humanities

Poster Presentations

Sylvie Render, SLP Kristina Wilson, SLP Adriane Baylis, SLP Kristen DeLuca, Lynn Marty Grames, SLP Cheryl Hersh, SLP Amy Linde, SLP Kerry Callahan Mandulak, SLP Kazlin Mason, SLP Dennis Ruscello, SLP Alison Scheer-Cohen, SLP Amy Shollenbarger, SLP "Overview on feeding an

infant with a cleft palate'' American Speech-Language Hearing Association National Convention Boston

Amy Shollenbarger, SLP Chelsea Sommer, SLP Adriane Baylis, SLP Kristen DeLuca Lynn Marty Grames, SLP Cheryl Hersh, SLP Amy Linde, SLP Kerry Callahan Mandulak, SLP Kazlin Mason, SLP Dennis Ruscello, SLP Alison Scheer-Cohen, SLP Kristina Wilson, SLP "Therapy: techniques for speech sound disorders associated with cleft palate" American Speech-Language Hearing Association National Convention Boston

Cheryl Hersh, SLP Kaylee Paulsgrove, SLP Adriane Baylis, SLP Kristen DeLuca Amy Linde, SLP Kerry Callahan Mandulak, SLP Lynn Marty Grames, SLP Kazlin Mason, SLP Dennis Ruscello, SLP Alison Scheer-Cohen, SLP Kristina Wilson, SLP "Evaluation of speech disorders associated with cleft palate and velopharyngeal dysfunction" American Speech-Language Hearing Association National Convention Boston

Cheryl Hersh, SLP Sarah Sally, SLP Lara Hirner, SLP Rebecca Baars, SLP Melissa Woythaler, DO lill Israelite, RD Lauren Fiechtner, MD Christopher Hartnick, MD " 'Alexa, will my baby drink this?' Reducing thickener through half-strength liquid consistencies'' American Speech-Language Hearing Association National Convention Boston

Jen Maietta, SLP

"Exploring dose frequency for articulation therapy in the outpatient setting" American Speech-Language Hearing Association National Convention Boston

Mary McAdams, RN Sheila Golden-Baker, RN "Achieving desired outcomes that meet strategic organizational goals" Association of Nursing Professional Development Convention Lake Buena Vista, Florida

Kathleen Miller, RN

"Acute pulmonary insufficiency following surgery" Association of Clinical Documentation Improvement Specialists Conference San Antonio, Texas

Emilia Motroni, SLP Amy Izen, SLP Maria Sylvia, SLP "Los pollitos: a caregivercentered curriculum in speech/ language group therapy" American Speech-Language Hearing Association National Convention Boston April Moura, RN Alyssa Hotes, RN Maura McMahon, RN Susan Mullany, RN Charlene O'Connor, RN "Intraoperative pressure injury presentation" AORN Global Surgical Conference and Expo New Orleans

Ashley Paula, RN "Tracheal resection and reconstruction: a collaborative approach" AORN Global Surgical Conference and Expo New Orleans

Jason Santoro, RN Dale Spracklin, RN Lauren Wheeler, CST Jane Ouellette, RN "Embracing change AORN Global Surgical Conference and Expo New Orleans

Zfania Tom Korach, MD Sarah Collins, RN Kenrick Cato Min Jeoung Kang, RN Kumiko Schnock, RN Brittany Couture Christopher Knaplund Kimberly Whalen, RN Jennifer Thate, RN Patricia Dykes, RN Li Zhou, MD "Active learning for the identification of nurses' concerns from nursing notes" American Medical Informatics Association Conference San Francisco

Min Kang Patricia Dykes Tom Korach Li Zhou Jennifer Thate Kimberly Whalen, RN Kumiko Schnock Christopher Knaplund Brittany Couture Kenrick Cato Sarah Collins "Identifying and Rating Concepts of Nurses' Concerns Using a Standard Nursing Terminology'' American Medical Informatics Association Conference San Francisco

Presentations

Amanda Copeland, SLP Melissa Ghiringhelli, SLP Jeana Kaplan, SLP Kay Seligsohn Michelle Pollard, SLP Anya Maloney, SLP

"Improving patient care through interdisciplinary collaboration and caregiver involvement" American Speech-Language Hearing Association Convention Boston

Adriana Doyle, SLP Alison Rhodes, RN Erin Scott, MD

Erin Stevens, DO April Zehm, MD "Navigating difficult decisions in serious illness: conversations tough to swallow!" American Speech-Language Hearing Association Convention Boston

Mary Guanci, RN

"When errors occur: communicating with patients and families" Neurocritical Care Society Boca Raton, Florida

Jennifer Freeburn, SLP Amy Maguire, SLP

"SLP care models for adults with primary brain tumor" American Speech-Language Hearing Association Convention Boston

Mary Shannon Fracchia, MD Cheryl Hersh, SLP Stephen C. Hardy, MD Christopher Hartnick, MD

"What's new in the pediatric aerodigestive center?" MGH Pediatrics Conference

Allison Holman, SLP Rachel Kammer, SLP Jeremy Richmon, MD Tessa Goldsmith, SLP

"The robot and the swallow: current practices of TORS and dysphagia management" American Speech-Language Hearing Association Convention Boston

Rebecca Inzana, SLP Carmen Vega-Barachowitz, SLP Mary Knab, PT Trisha Zeytoonjian, RN Maureen Schnider, RN "Preparing clinicians to be effective interprofessional clinical instructors: a faculty

clinical instructors: a faculty development workshop'' American Speech-Language Hearing Association Convention Boston

Rachael Kammer, SLP Franchesca Carducci Carol Sullivan, RD Annie Chan, MD

"It takes a village: transitioning to a reactive G-tube policy for patients with oropharynx cancer"

American Speech-Language Hearing Association Convention Boston

Elyse Levin-Russman, LICSW Laura Dickman, LICSW

"Clinical challenges and ethical dilemmas in allocating financial resources to pediatric oncology families" Association of Pediatric Oncology Social Workers Austin, Texas

Elyse Levin-Russman, LICSW Stacy Stickney Ferguson, LICSW

Wendy Shama, RSW "Becoming a leader in pediatric oncology social work: possibilities and opportunities" Association of Pediatric Oncology Social Workers Austin, Texas

Katie Lynch, RN Samantha Soldani, RN Michelle Specht, MD Connie Leehman, MD

"Advances in caring for patients with breast cancer" AORN Global Surgical Conference and Expo New Orleans

Amy Maguire, SLP

SLPS in the OR: do we have a role?" American Speech-Language Hearing Association Convention Boston

Paige Nalipinski, SLP Sarah Luppino, RN

"Pearls of wisdom for clinicians who rarely see ALS patients: unique and critical management considerations" American Speech-Language Hearing Association Convention Boston

Jill Taylor Pedro, RN

"Evaluation of discharge education: an educational intervention to improve patient safety with opioid medications" Sigma Theta Tau International Leadership Connection Indianapolis

Ellen Robinson, RN Rabbi Ben Lanckton James Doran Erica Long, MDiv

"Ethical conflict in patient care: the contribution of chaplaincy in achieving resolution" Spirituality and Patient Care Conference, MGH Boston

Ellen Robinson, RN Laura Lux, RN Caitlin Laidlaw, LICSW Samantha Sullivan, RN, Cornelia Cremens, MD

"Clinicians' and ethics consultants' experiences in caring for a patient at end of life in the setting of family persistent request for life sustaining treatment" Spirituality and Patient Care Conference, MGH Boston

Ellen Robinson, RN James Hynds Daniel Davis Joseph Raho

"Back to the future: revitalizing the concept of 'tradition' in the teaching of medical ethics" American Association of Bioethics Conference Anaheim, California

Ellen Robinson, RN Barbara Chanko, RN Mark Swope Mary Beth Benner George Hardart, MD "Health care ethics certification practice session American Association of

Bioethics Conference Anaheim, California

Ellen Robinson, RN Elizabeth Epstein, RN Pamela Grace, RN Christine Mitchell, RN "What does nursing have to offer bioethics?" Annual American Association of Bioethics Conference Anaheim, California

Ellen Robinson, RN Carol Pavlish, RN Katherine Brown-Saltzman, RN Joan Henriksen

"Co-advocate: a program to prevent ethical conflicts and moral distress" National Teaching Institute for Critical Care Nurses Boston

Ellen Robinson, RN

"Looking inward and amongst colleagues as a strategy to enhance professional caregiving" National Nursing Ethics Conference Los Angeles

Ellen Robinson, RN Thomas McCoy, MD

Julia Bandini

"MGH Optimum Care Committee Research Program: it takes a village" Harvard Medical School Center for Bioethics Boston

Stephanie Scibilia, SLP Julie MacPherson, RRT

"Interprofessional care for adults with tracheostomy tubes and ventilators: conversations with respiratory therapy" American Speech-Language Hearing Association Convention Boston

continued on next page

Professional Achievements (continued)

Stacey Sullivan, SLP Jeremy Schmahmann, MD

"Beyond the balancing act: SLP role management of patients with cerebellar disorders" American Speech-Language Hearing Association Convention Boston

Maria Sylvia, SLP Emilia Motroni, SLP

"Can videos increase attendance and patient preparedness for speechlanguage evaluations?" American Speech-Language Hearing Association Convention Boston

Beth West, RN Rebecca Minehart, MD Erik Clinton, MD

"Using simulation to improve safety on Labor and Delivery" Northern New England Perinatal Quality Improvement Network Meeting Dartmouth, New Hampshire

Carmen Vega-Barachowitz, SLP Rebecca Inzana, SLP Alex Johnson, SLP Lynne Brady Wagner, SLP Marjorie Nicholas, SLP Mary W. Hildebrand, OTR/L Peter Cahn Regina Doherty, OTR/L Patricia Reidy, RN "Neuro interprofessional education: linking pedagogy

American Speech-Language Hearing Association Convention Boston

Carmen Vega-Barachowitz, SLP Alex Johnson, SLP Patricia Prelock, SLP Elizabeth Adams Mary Knab, PT

"Leading innovation in IPE/ IPP in audiology and speechlanguage pathology graduate programs" American Speech-Language Hearing Association Convention Boston

Mary Zwirner, LICSW

"What about quality of life: a reality check" Mass. General Survivorship in Patients with Malignant Glioma Conference Boston

Publications

Carol Pavlish, RN Ellen Robinson, RN Katherine Brown-Saltzman, RN Joan Henriksen Chapter: "Moral distress research agenda" Moral Distress in the Health Professions

Cornelia Cremens, MD Ellen Robinson, RN Keri O. Brenner, MD Thomas H. McCoy, MD Rebecca W. Brendel, MD Chapter: "Care at the end of life" Handbook of General Hospital Psychiatry

Barbara St. Marie, RN Paul Arnstein, RN Phyllis Arn Zimmer, RN "Pain and opioids: call for policy action" The Journal for Nurse Practitioners

Joseph Zenga, MD Tessa Goldsmith, SLP Glenn Bunting, SLP Daniel Deschler, MD "State of the art: rehabilitation of speech and swallowing after total laryngectomy" Oral Oncology

Tessa Goldsmith, SLP Marlene Jacobson

"Managing the late effects of chemoradiation on swallowing: bolstering the beginning, minding the middle, and cocreating the end" *Current Opinion in Otolaryngology and Head and Neck Surgery* Leslie Hamilton, RPh Mary Guanci, RN Michelle Hill Patricia Blissett, RN "Clinical Q&A: translating therapeutic temperature management from theory to practice" Therapeutic Hypothermia and Temperature Management

Maureen Hemingway, RN Patrice Osgood, RN Mildred Mannion, RN "Implementing a cardiac skills orientation and simulation program" AORN Journal

Einav Nachman Peter Clemensen Katheryn Santos Alexis Cole Brian Polizzotti Grace Hofmann, RRT Kristen Leeman, MD Sarah Van Den Bosch John Kheir, MD "A device for the quantification of oxygen consumption and caloric expenditure in the neonatal range" Anesthesia & Analgesia

Allison Holman, SLP Gemma Clunie Justin Roe Tessa Goldsmith, SLP "Management of swallowing in adults undergoing laryngotracheal resection and reconstruction"

Perspectives of the ASHA Special Interest Groups

Elliana Kirsh Matthew Naunheim Allison Holman, SLP Rachael Kammer, SLP Mark Varvares, MD Tessa Goldsmith, SLP "Patient-reported versus physiologic swallowing outcomes in patients with head and neck cancer after chemoradiation" Laryngoscope

Chanu Rhee, MD Michael Filbin, MD Anthony Massaro, MD Amy L. Bulger, RN Donna McEachern, RN Kathleen Tobin, RN Barrett Kitch, MD Bert Thurlo-Walsh, RN Aran Kadar, MD Alexandra Koffman, RN Anupam Pande, MD Yasir Hamad, MD David Warren, MD Travis Jones, RPh Cara O'Brien, MD Deverick Anderson, MD Rui Wang Michael Klompas, MD "Compliance with the national SEP-1 quality measure and association with sepsis

Critical Care Medicine Andrew Courtwright, MD Emily Rubin, MD Ellen Robinson, RN Souheil El-Chemaly, MD Daniela Lamas, MD Joshua Diamond, MD Hilary Goldberg, MD "An ethical framework for the care of patients with prolonged hospitalization following lung transplantation" HEC Forum

outcomes: a multi-center

retrospective cohort study"

Andrew Courtwright, MD Emily Rubin, MD Ellen Robinson, RN Arwin Thomasson, MD Souheil El-Chemaly, MD Joshua Diamond, MD Hilary Goldberg, MD "In-hospital and subsequent mortality among lung transplant recipients with a prolonged initial hospitalization." American Journal of Transplantation

Courtenay Bruce

Professional Achievements (continued)

Jane Jankowski Barbara Chanko, RN Ann Cordes Barrie Huberman Liza-Marie Johnson, MD Deborah Kasman, MD Aviva Katz MD Ellen Robinson, RN Katie Wasson George Hardart, MD "The work of ASBH's clinical ethics consultation affairs committee: development processes behind our educational materials' The Journal of Clinical Ethics

Sunah Hwang, MD Patrice Melvin Hafsatou Diop, MD Margaret Settle, RN Jack Mourad, MD Munish Gupta, MD "Implementation of safe sleep practices in Massachusetts NICUs: a state-wide QI collaborative" Journal of Perinatology

Mary Colleen Simonelli, RN Louise Doyle, RN MaryAnn Columbia, RN Phoebe Wells, RN Kelly Benson, RN Christopher Lee, RN "Effects of connective tissue massage on pain in primiparous women after Cesarean birth" Journal of Obstetric Gynecologic & Neonatal Nursing

Paige Nalipinski, SLP Stacey Sullivan, SLP Chapter: "Management of

a patient with amyotrophic lateral sclerosis: focus on patient autonomy and quality of life'' *Clinical Cases in Dysphagia*

Certification

Terry Doherty RN Critical Care Registered Nurse American Association of Critical Care Nurses

Harriette Green, RN Medical Surgical Nursing Magnet Certification American Nurses Credentialing Center

Laura Marmion, RN Medical Surgical Nursing Certification American Nurses Credentialing Center

Donna McEachern, RN Nurse Executive Advanced-Board Certification American Nurses Credentialing Center

Emily Menart, LICSW Certified Clinical Transplant Social Worker Society of Transplant Social Workers

Michael Sills, RN Reiki II Practitioner Certification Open Doors Healing

Kimberly Walker, RN Certified Operating Room Nurse Association of PeriOperative Registered Nurses

Clinical Recognition Program

Clinicians recognized December 1, 2018– February 1, 2019

Advanced Clinicians: Anne Borden, RN General Surgery

Laura Dickman, LICSW Social Work

Stephanie Fiandaca, RN Emergency Department

Margaret Ford, RN Psychiatry

Naomi Harmon, RN Oncology/Bone Marrow Transplant Unit

Christine Jelenik, OTR/L Occupational Therapy

Kathryn Kirkland, RN Oncology

Todd Mover, RRT Respiratory Therapy

Emily Rumble, RN Neurosciences

Brandon Sutton, RN Thoracic/Vascular Surgery

Clinical Scholar: **Erin Graves, RN** Emergency Department

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Spiritual Care Carmen Vega-Barachowitz, SLP

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Training and Support Staff Gino Chisari, RN

Volunteer Services Jacqueline Nolan

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For more information, call: 617-724-1746

Next Publication March 21, 2019

(Submit professional achievements to Georgia Peirce at gwpeirce@partners.org)

Spiritual Care

Anyone for a spot of tea and some relaxation?

-by Kate Gerne, pediatric spiritual care provider, and Jean Gardner-Amore, RN, staff nurse

On Wednesdays, the scent of lavender wafts through the halls of the Blake 10 Neonatal ICU as tea is brewed for staff. Pediatric spiritual care provider, Kate Gerne, transforms the NICU conference room into a calming space for Resiliency Rounds, giving clinicians a chance to pause and renew.

Gerne sets a table with a small tea pot, teacups, and baked goods and ushers the bouquet of lavenderscented oils into the air. Says Gerne, "It's impossible to drink hot tea quickly from a china cup. Using teacups requires you to slow down and pay attention."

As staff enter, Gerne serves each person a cup of tea. "This is a time when they don't have to take care of anyone else. They only have to show up and be willing to be present in this community." Gerne invites staff to form a circle and leads them in guided meditation or a body relaxation scan. Asking, "What is the emotional temperature of the unit?" she

creates a space for staff to reflect on their work and their day.

Staff nurse, Jean Gardner-Amore, RN, says, "I've sensed an increase in morale since Kate

started doing Resiliency Rounds, even among those who don't participate. I think it's the increased resilience of those around them. It's important to carry that centered intention into our daily practice."

Gardner-Amore provides 'takeaway' practices that staff can use during the day, such as reminding them to take a deep breath, release tension, and center themselves as they perform minor tasks.

Says Gardner-Amore, "Being centered in the moment makes every caring action we take, every word we speak, every healing touch we provide, more authentic and effective."

For information about Resiliency Rounds, call the Spiritual Care Department, at 617-726-2220.



<u>Announcements</u>

Celebrate Certified Nurses Day

Thursday, March 14, 2019 10:00am –1:00pm

Certified Nurse information table in the Main Corridor

Thursday March 14th 1:30pm–2:30pm O'Keeffe Auditorium

Special Nursing Grand Rounds, "Finding Joy in Work," presented by Peg Baim, RN, and presentation of the Jean Ridgway Tienken MGH School of Nursing Class of 1945 Certification Scholarships.

All certified nurses will receive a 2019 Certified Nurses Day pin, and any nurse seen wearing one will be eligible to receive a coupon for a free coffee at Coffee Central.

For more information, call Tricia Crispi, RN, at 617-643-8613.

Nursing research funding available

The Yvonne L. Munn Center for Nursing Research is currently offering the following nursing-research funding opportunities:

- The Jeanette Ives Erickson Research Institute Grant (new eligibility criteria)
- The Munn Pre-Doctoral Research Grant for Nursing Students (new grant)

For eligibility guidelines and applications, go to: www. mghpcs.org/MunnCenter/ and select Funding Opportunities.

Applications for both grants are due by March 15, 2019.

For more information, contact Stacianne Goodridge at 617-643-0431.

Conversations with Caregivers

for families, caregivers, patients, and staff

an educational series sponsored by the Dementia Caregiver Support Program

Tuesday, March 19, 2019 5:30–7:00pm O'Keeffe Auditorium

"Solving the Driving Dilemma: DriveWise® Driver Evaluation Program," presented by Ann Hollis, OTR/L DriveWise® occupational therapist, Cognitive Neurology Unit, Beth Israel Deaconess Medical Center

Admission is free; seating is limited.

RSVP to: 617-724-0406.

For more information, call 617-643-8809.

Blum Center Events

Monday, March 11, 2019

"Overcoming Substance Use Stigma in Healthcare Settings" Join Dan Johnson, MD, to

learn about the negative impact of substance use stigma and the painful emotions and behaviors that occur in response.

Wednesday, March 13th

"Understanding Lymphedema" Join Catherine Holley, RN, to learn about primary and secondary lymphedema and how to manage this condition.

Wednesday, March 20th

"Understanding Optimal Weight and Nutrition in Children and Adolescents" Join Fatima Cody Stanford, MD, to learn about the importance of weight and nutrition, and get tips on how to practice healthy habits.

(This session will be streamed live and recorded on the MGH Facebook page at: facebook.com/ massgeneral.)

Monday, March 25th

"Food Allergy Management Boot Camp: Creating Communities of Support for Students with Food Allergies" Join Michael Pistiner, MD, to learn strategies for dealing with food allergies.

Blum Center Events (continued)

Wednesday, March 27th

"Mass General Cancer Center Genetic Series: Hereditary Colon Cancer" Join Devanshi Patel to learn more about colon-cancercausing genes and what to do if colon cancer runs in your family.

Programs are free and open to MGH staff and patients. No registration required. All sessions held in the Blum Patient & Family Learning Center from 12:00-1:00pm

For more information, call 4-3823.

ACLS Classes

Certification: (Two-day program)

Day one: June 10, 2019 8:00am-3:00pm

Day two: June 11th 8:00am-1:00pm

Re-certification (one-day class): March 13th 5:30–10:30pm

CPR Training (\$100): June 10th 2:00– 6:00pm

Locations to be announced. Some fees apply: For information, contact Jeff Chambers at acls@partners.org.

To register, go to: http://www.mgh.harvard. edu/emergencymedicine/ assets/Library/ACLS_ registration%20form.pdf.

Quality & Safety

National Patient Safety Awareness Week "Speak up for safety" Calendar of Events

Tuesday, March 12th

8:00-9:00am, O'Keeffe Auditorium

Pediatric Grand Rounds: "Patient Safety, Quality and Experience... where do they intersect?" Presented by: Fiona Levy, MD, Executive Director, Sala Institute for Child and Family-Centered Care, Vice Chair for Clinical Affairs, Department of Pediatrics, Hassenfeld Children's Hospital, NYU Langone Health (Sponsored by MGHfC)

10:00-11:00am, O'Keeffe Auditorium

"Evidence-Based Fall Prevention:Translating More Than a Decade of Research into Practice" Presented by: Patricia Dykes, RN, Program Director, Center for Patient Safety Research and Practice, Brigham and Women's Hospital

10:30am–2:00pm,White Lobby

"Speak Up for Safety" Education Table

Thursday, March 14th

7:30–9:00am, Thier Conference Room Anesthesia/Surgery Grand Rounds: "10% Happier Healthcare Teams: a Patient Safety Strategy" Presented by: Dan Harris, Correspondent, ABC News and Co-Anchor, Weekend Edition, *Good Morning America* Sponsored by Anesthesia, Surgery, and Perioperative Nursing (Live streaming available in Bigelow Amphitheater and Shriners Auditorium)

12:00–1:00pm, O'Keeffe Auditorium

"Organizational Grit" Presented by:Thomas Lee, MD, Chief Medical Officer, Press Ganey (Sponsored by the Edward P. Lawrence Center for Quality & Safety)







Friday, March 15th

I I:00am-2:00pm, White Lobby "Speak Up for Safety" Education Table

Thursday, March 21st 1:30–2:30pm, O'Keeffe Auditorium "Speak Up for Staff Safety" Panel Discussion

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