**Attending Registered Nurse**

Meeting Minutes

Wednesday December 7, 2022

12:00 – 1:00PM

Via Microsoft TEAMS

**Presiding:** Christina Alexander, Cori Fogarty

**Coach:** Gino Chisari

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| Agenda Item | Discussion | Action |
| Welcome/Introduction to New/Returning ARNs | Christina and Cori called the meeting to order at 12:00PM with 11 participants present on TEAMS.  | Noted |
| Current and potential future structure of ARN meetings with Cori and Christina | * The current structure is virtual monthly meetings with 1-2 speakers per meeting.
* Meeting attendance is low, 5-15 ARN present at meetings with over 120 ARN hospital wide.
* Given the current structure and low attendance, looking for input on restructuring ARN meetings.
* Potential/proposed new format for meetings in 2023: no meetings, quarterly in person, quarterly virtual, annual retreat day.
* Christina used Menimeter to poll everyone on which meeting format they preferred.
* Responses:

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| No meetings | 0 |
| Quarterly In person | 3 |
| Quarterly remote | 2 |
| Annual retreat in person | 6 |

 |  * Bring poll results forward to leadership for support/guidance.
* Look for space for in person meetings
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| Open discussion | * Overwhelming agreement of high capacity and acuity issues having an impact on ability to attend ARN meetings. (ARN being pulled into numbers, simply too busy) Lead to a positive for remote as easier to log on v. leave unit to attend.
* Agreement that the meeting/talking with other ARNs is helpful. Chance to see how others are doing things on their units. Gather ideas and discuss issues. Lead to a want to continue more frequent meetings.
* Length of time of speakers. When speakers run long there is not enough time to discuss content among the group. Some positive and negative stories shared about the Discharge Lounge as not enough time to discuss at November meeting.
* Annual ARN Retreat Day. Much excitement about the potential for this day. Positives of being in person to see other ARNs and ability to have more dynamic speakers/discussions. Would not want to go to only this retreat day, in addition to some meetings though out the year as coming together even to check-in is important to the majority.
* Briefly touched on the nomination process for new co-chair as Christina will step down in March.
 | * Noted as positive for remote
* Noted need to increase time available for discussion for ARN group.
* Will plan to limit speakers to no more than 30min presentations.
* Will bring forward to leadership. Requires time, planning and support.
* Consider nominating yourself or a fellow ARN 😊 More information to come in early January.
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| Check In | * Christina & Cori seeking feedback or ideas for future guest speakers or topics of interest
 | * Please e-mail Christina or Cori if you have input or suggestions for future meetings.
* Next meeting is Wed. January 4, 2023
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