**Attending Registered Nurse**

Meeting Minutes

Wednesday March 1, 2023

12:00 – 1:00PM

Via Microsoft Teams

**Presiding:** Cori Fogarty & Christina Alexander

**Coach:** Gino Chisari

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| Agenda Item | Discussion | Action |
| Welcome/Introduction to New/Returning ARNs | Christina & Cori called the meeting to order at 12:00PM with 13 ARNs present on Microsoft Teams. | Noted |
| Optimum Care Committee Consults with Ellen Robinson, RN & Eva Regel, LICSW | * The MGH Optimum Care Committee was founded almost 50 years ago! * Committee is comprised of multidisciplinary staff * Consults can be placed by all staff including RNs   + Ethics pager# 32097 available M-F 8a-4p   + All consults should be placed in Epic     - IP Consult to Ethics/Optimal Care     - Please include reason for consult free text     - Is this situation urgent?     - ARN OCC consults do not require co-sign   + Epic OCC consults for Pedi will be referred to Pedi bioethics committee     - Brian Commings MD & Caitlin Merril NP   + Each OCC consult will be addressed by 2 members of the committee   + For off shift or weekend consults, do not hesitate to e-mail OCC Co-Chairs: Ellen Robinson & Dr. Emily Rubin     - You can also e-mail if you are unsure if the clinical scenario warrants a consult   + If a nurse is not comfortable placing a consult themselves, unit leadership (ND or CNS) may place the consult   + A consult can be placed for moral distress of staff * OCC makes recommendations based on principles of bioethics and empirical data   + Recommendations are written as a note in pt chart (as appropriate)   + Ex: dementia pt and g-tube placement- recs would be based on empirical data that does not support this practice as harm outweighs benefits | [Home | Bioethics (harvard.edu)](https://bioethics.hms.harvard.edu/)     * Above is the link to the Harvard Center for Bioethics website, ARNs are encouraged to take some time to peruse the website. Many of the past lectures are taped and available. They are always of a high quality. * ARNs should feel empowered to place OCC consults as applicable   + Epic consult order is preferred method * QI project underway – please complete survey and give honest feedback re: experience with OCC consult * If you are interested in learning more about OCC or would like to join one of their twice monthly meetings, please reach out to Ellen Robinson.   + Meetings are 1st Thurs & 3rd Tues of the month   + Pathway for nurses/students with an interest in bioethics |
| ARN Co-Chair transition | * Christina Alexander completed her 2-year term as Co-Chair * Cori Fogarty now steps into “lead” co-chair position for the next year * New ARN Co-Chair is **Joanne Riley** from the NICU!   + Joanne has been an ARN for 5 years and has been at MGH for about 28 years | Best wishes to Christina and congratulations to Joanne! |
| Check In/Safe space discussion | * Recurrent theme throughout the hospital is moral distress & feelings of burnout re: lack of a discharge plan esp with behavioral patients | * Next ARN meeting is April 5th- TBD if this meeting will be in-person or virtual   + Cori is working on securing meeting space   + Several upcoming speakers on the docket   + Complex Case Management was brought up as a potential future guest * As always, please e-mail the co-chairs if you have any suggestions for future speakers   + [Ccfogarty@partners.org](mailto:Ccfogarty@partners.org)   + [Jriley2@partners.org](mailto:Jriley2@partners.org) |