

Critical Care Pain Observation Tool (CPOT)

The Critical Care Pain Observation Tool (CPOT) may be used in the critical care areas to assess pain in patients who are unable to verbally communicate pain. To calculate a score, the following behaviors are observed: facial expression, body movement, muscle tension, and compliance with the ventilator (for mechanically ventilated patients) or vocalization (for non-intubated patients).

Each domain is scored from 0-2 with a total score ranging from 0-8.

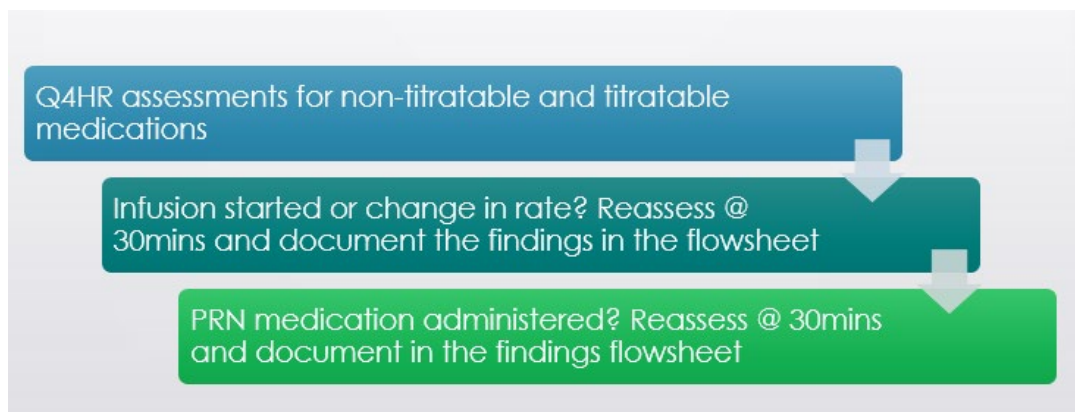
- 1-2 indicates mild pain
- 3-5 indicates moderate pain
- 6-8 indicates severe pain

***Reminder: when documenting a pain scale assessment, ensure your subsequent flowsheet rows are appropriate for the selected scale. (see image to right)**

Note: PRN medication administrations are based on the nurse's assessment of pain and corresponding order.

Search (Alt+Comma)		1700	9/21/2023	1800	19
Pain Assessment					
☰ Pain Assessment				Adult Non-Verb...	
Pain Score					
Simple Descriptive Pain Score					
Pain Orientation					
Pain Location					
Pain Descriptors					
Clinical Progression					
Patient's Stated Pain Goal					
Exacerbating Factors					
Alleviating Factors					
Pain Type					
Pain Radiating Towards					
Pain Frequency					
Pain Onset					
Effect of Pain on Daily Activities					
Pain Intervention(s)					
Response to Interventions					
CPOT - Facial Expression					1
CPOT - Body Movements					1
CPOT - Ventilator/Vocalization					2
CPOT - Muscle Tension					1
CPOT Pain Scale Score					5
☰ Multiple Pain Sites					

Pain Medication Assessment Reminders



If your patient can participate in pain assessment and rate their pain, you may use the 0-10 scale