

Appendix E

Mitigating Pressure Injuries Related to Moisture: Maintaining Optimal Moisture Balance

Clean:

Use approved skin cleansers to create the optimal pH balance on the skin:

- [Cavilon 3M Skin Cleanser](#)



Protect:

Use protective products to reduce skin exposure to moisture irritants (such as stool, urine or wound drainage):

- [Barrier cream – Remedy Z-Guard](#)
- [Barrier film](#)
- [Cavilon Advanced](#)



Absorb/Wick:

Use products to wick moisture away from the skin:

- [InterDry AG](#)
- Disposable incontinence pads



Divert:

Contain irritants to avoid contact with the skin:

- Condom catheter
- PureWick catheter
- External fecal containment bag



Treat:

Skin exposed to excessive moisture is more susceptible to pressure related breakdown. Treating moisture-related breakdown improves overall integrity of the skin

- [Domeboro astringent soak](#)

