Which Supplement to S.I.P.?

Is the patient on a clear liquid diet?
- **YES**
  - **Ensure Clear**
    - A way to provide protein on a clear liquid diet!
    - THIN liquid.
    - Gluten-free and suitable for lactose intolerance

- **NO**

Does the patient need thickened liquids?
- **YES, nectar-thick**
  - **Mighty Shakes**
    - Gluten free (NOT lactose free)
    - NECTAR thick.

- **NO**

Does the patient have difficult to control BG? (Even if h/o DM, if PO intake minimal, consider Ensure+)
- **YES**
  - **Glucerna**
    - Gluten-free and suitable for lactose intolerance
    - THIN liquid.

- **NO**

Is the patient on dialysis and/or do they have elevated K or Phos?
- **YES**
  - **Nepro**
    - Low K, low Ph, low Na, low carb
    - Gluten-free and suitable for lactose intolerance
    - NECTAR thick.

- **NO**

None of the above?
- **YES**
  - **Ensure Plus**
    - Gluten-free and suitable for lactose intolerance
    - NECTAR thick IF served chilled (thin when room temperature).

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Questions? Page your floor dietitian (search “nutrition” in phone directory)