Many clinicians have said that the thought of interviewing with the Review Board is the most stressful part of the application process. To help ease your anxiety, we have asked clinicians who have interviewed with the Review Board for advice they would give applicants as they prepared for the interview. We hope you find it helpful.

- Have your director, CS, CNS or a peer help prepare you by doing a mock interview. Hearing their questions and thinking through your reflective responses will help decrease your anxiety and help you to articulate your practice clearly.
- Review the list of reflective questions. You can find these on the Clinical Recognition Program web site which has examples for each question.
- Think about how you stay current in your clinical practice. How have CE programs, classes or articles that you have read helped develop your clinical skills and practice.
- Review your portfolio. The questions come from your portfolio and the descriptors of practice at the level for which you are applying.
- Be ready to respond to “how you influence practice on your unit”. This question requires preparation before the interview.
- Be ready to respond to “give an example of clinically sound risk-taking”.
- If you are a member of a committee, consider how you disseminate information to your unit and also how you solicit input and ideas from your colleagues to bring back to that committee.
- Be prepared to talk about yourself- what you do, what you contribute to the unit and the hospital.
- Arrange for your interview to take place on your day off or arrange for some time before the interview to relax and center yourself.
- If you get nervous and are prone to forget examples, write a note to yourself to bring into the interview.
- Realize that the interviewers are on your side. If you aren't sure about a question, ask them to rephrase it.
- Before you answer any question, count to three in your head and think carefully about your answer.
- Be proud of what you do.
- Relax and remember to breathe.