Secondary Traumatic Stress or Compassion Fatigue, is the emotional residue or strain of exposure to working with those suffering from the consequence of traumatic events”. 
C. Figley

Vicarious Trauma is the “cumulative transformative effect of working with survivors of traumatic events” and routinely witnessing pain and suffering - L. Pearlman

Why is reducing Secondary Traumatic Stress important?
STS affects job performance, professional morale, and increases staff conflict, absenteeism and turn-over. It can reduce empathy and increase depersonalization and cynicism while impacting quality of care. Increasing awareness and developing protective practices can reduce negative effects of STS, and enhance professional satisfaction and well being.

Hospital Compassion Fatigue Education & Resiliency Trainings 2010-2013

Presentations/Forums
- Cardiac ICU Ethics Rounds
- Physical Therapy department
- Radiation Oncology Therapy Staff
- Nursing Week Grand Rounds
- Visiting Nursing Scholar Program “Caring for the Caregiver
- Hospital Interpreters Department
- Social Service Dept. Student Intern Mentorship for STS presentation
- MGH Palliative Care Grand Rounds
- Social Service Dept. institutes monthly case sharing groups
- Social Work Month Grand Rounds Series on Self-Care and Mindfulness Practice

Hospital Research and Publication

Training Workshops
- Speech and Language Dept Staff
- MGH Cancer Center Hopes Program Staff (acupuncturists, massage therapists, art therapists, music therapists)
- Oncology Nurses Psychological Skills Training Series
- Social Service Dept.-Resiliency training for LCSW’s “Developing a Reflective Practice”
- MGH Palliative Care team Resiliency Training “Sustainability Project” for interdisciplinary staff
- MGH Collaborative Governance Research and Evidence Based Practice Committee, reviewed and presented to hospital nursing staff published research by MGH interdisciplinary staff “Development and Evaluation of Targeted Psychological Skills Training” (2013) Oncology Nursing Forum.