HAVEN at Massachusetts General Hospital (MGH) works as part of the broader movement to end Intimate Partner Abuse (IPA) by improving and enhancing our health care response to patients, employees, and community members who have been impacted by IPA.

### HAVEN Mission

Multi-lingual, free, voluntary & confidential support for those concerned about Intimate Partner Abuse.

### HAVEN Services

- Supportive counseling
- Advocacy
- Support groups
- Workshops
- Accompaniment to community resources
- Training
- Consultation
- Policy advocacy at MGH and in the community
- Research
- Program evaluation

### HAVEN Statistics

- From 2000-2012, HAVEN advocates received 4,820 referrals
- 405 referrals in 2012, 89% of whom had experienced physical abuse, and 100% of whom had experienced emotional abuse
- In 2012, HAVEN provided over 1,000 consultations
- In 2011, 121 trainings were given to 40 different departments, totaling 2,900 attendees

### What is empowerment-based advocacy?

HAVEN advocates are trained to use empowerment-based advocacy, which considers the trauma that survivors endure and helps restore their power by:

- Believing their stories
- Being nonjudgmental
- Discussing options
- Respecting their choices

### What is Intimate Partner Abuse?

IPA is characterized by a pattern of coercive control used by one intimate partner over the other, which may include sexual and physical assault, social isolation, economic, emotional and psychological abuse, threats and harassment to establish and maintain control.

### Who is impacted by IPA?

- 1 in 4 women will experience IPA in her lifetime
- Intimate Partner Abuse crosses all boundaries of culture, race, class, religion, age, gender and sexuality

### How does IPA impact your health?

- Direct physical injury
- Stress related illnesses: headaches, back and pelvic pain, GI complaints, TMJ
- Increased rates of depression and anxiety as well as risk of complications during pregnancy

www.havenatmgh.org